

## **Spiritual Food**

If I stir up your mind,  
if I make your heart burn,  
will I get the juices flowing  
for you to learn!  
True spiritual food  
is the word of God.  
All the ingredients are there,  
if you search the Scriptures.  
A hunger and thirst for righteousness  
only Jesus can quench.  
Oh come to the Saviour,  
Taste of His goodness,  
Never to hunger or thirst again,  
Bread from Heaven, Living water,  
Restoring the hungry soul.